

Figure 1

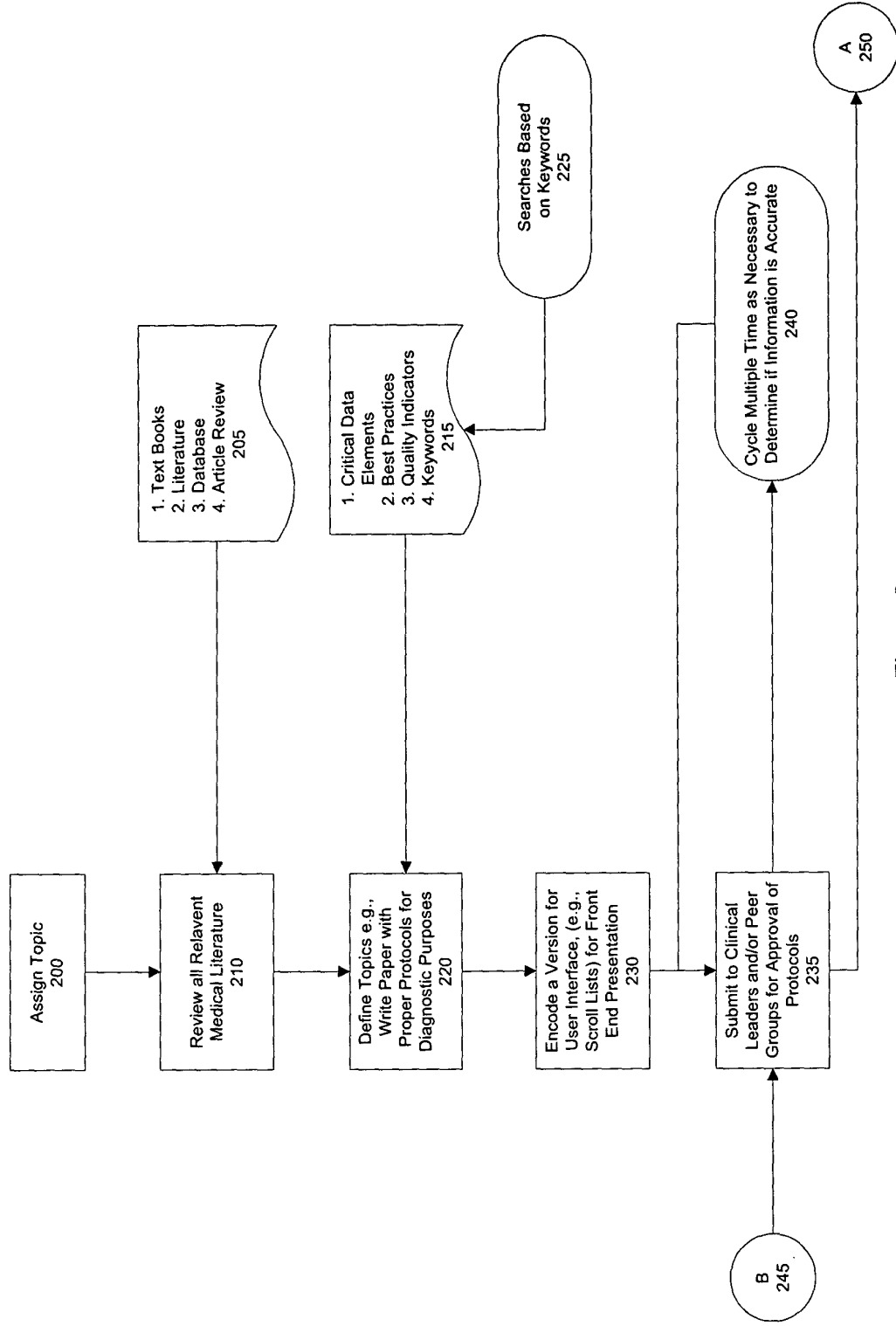


Figure 2

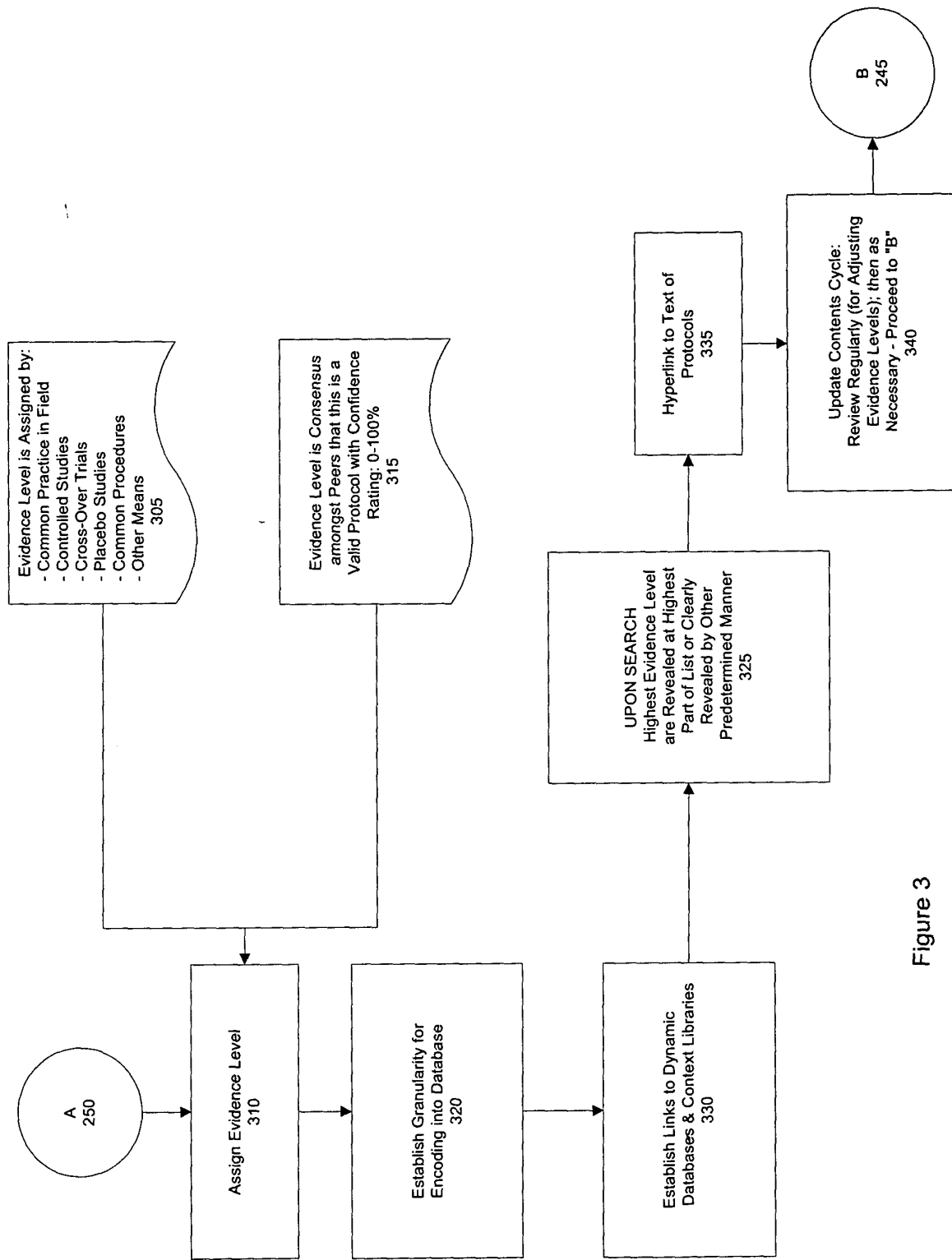


Figure 3

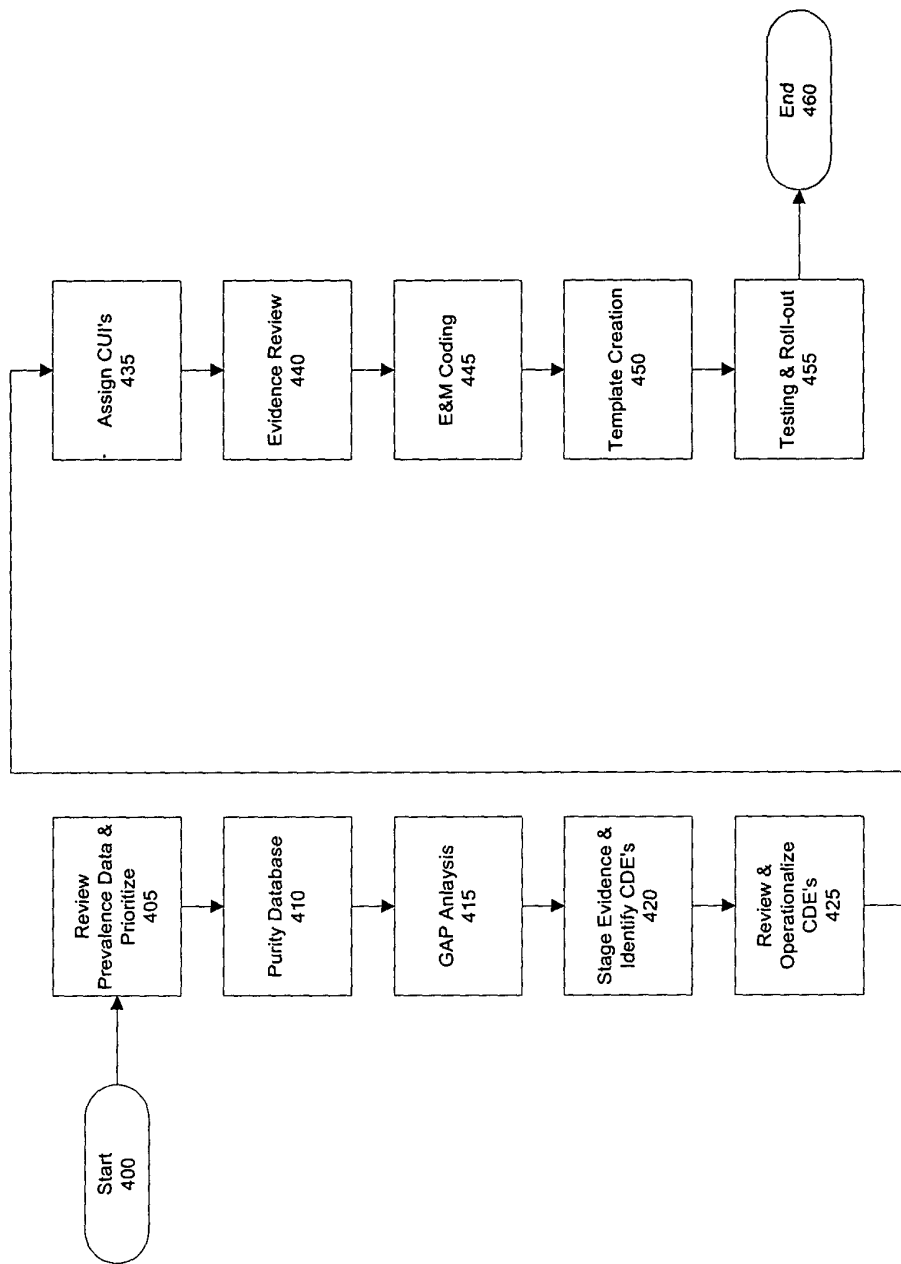


FIGURE 4

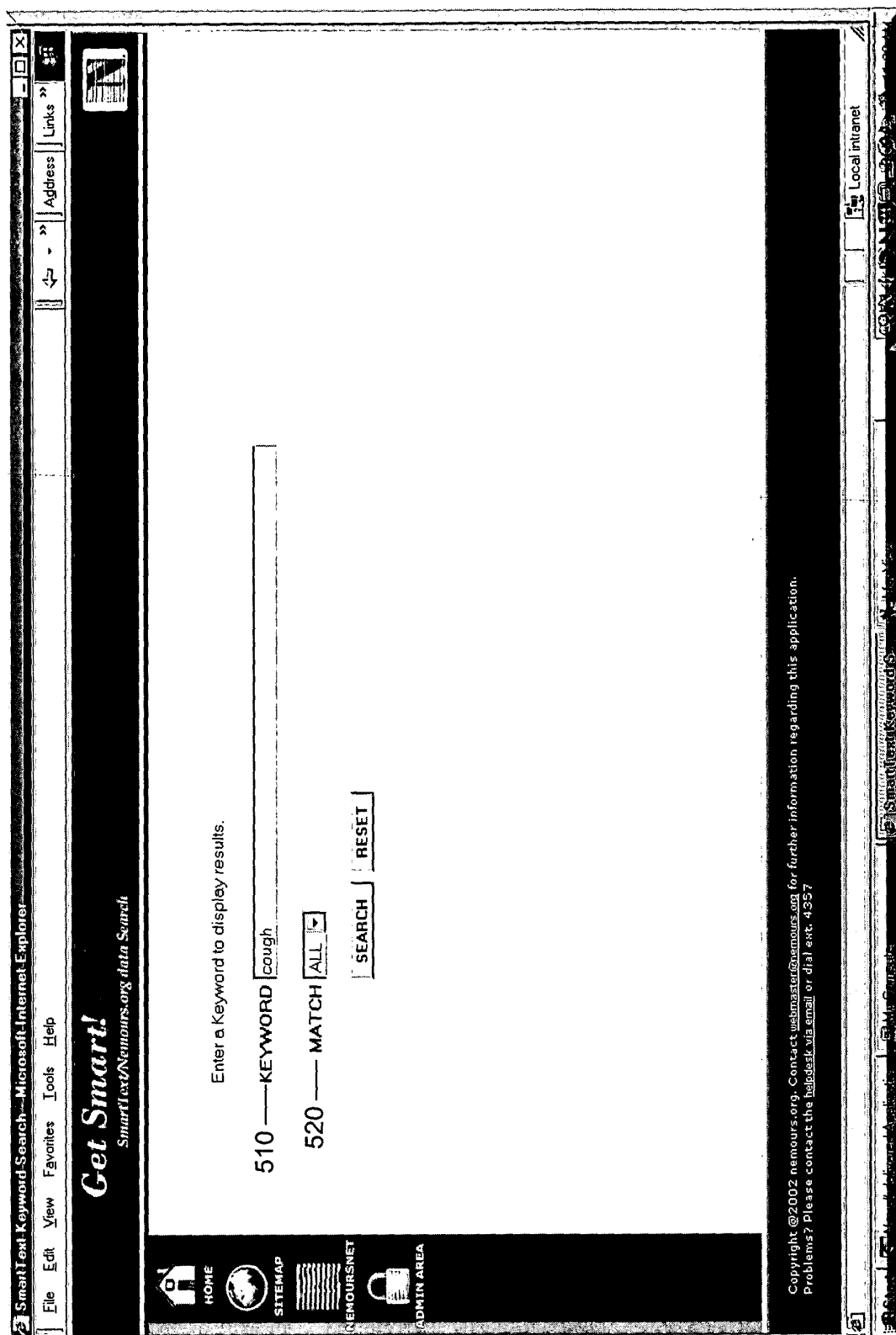


FIGURE 5

SmartText Keyword Search - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address Links

Local intranet

11:12 AM

Get Smart!

SmartText/Nemours.org data Search

HOME

SITEMAP

NEMOURSNET

ADMIN AREA

SEARCH AGAIN

Search found 51 matches.
Click on the SmartText name for more detailed information.

610

BARKING COUGH

10581 - CROUP
10186 - CROUP INSTRUCTIONS
10706 - RSV PT INSTRUCTIONS

620

CHRONIC COUGH

10449 - APNEA/BPO HISTORY
400 - ASTHMA
11113 - ASTHMA ACTION PLAN
10578 - ASTHMA EXACERBATION
10977 - ASTHMA NEW PATIENT
10360 - ASTHMA RETURN
11108 - ASTHMA/ALLERGY TREATMENT PLAN
11048 - ASTHMAIX
10741 - BPO INITIAL VISIT
10734 - BPO RETURN VISIT
10416 - INHALER INSTRUCTIONS
10439 - NEBULIZER INSTRUCTIONS
10149 - OXIMETRY READINGS
10493 - OXYGEN ORDERS HOME O2
10776 - PPD SCHOOL LETTER
10062 - PT ED ASTHMA MEDICATION REGIMEN

630

640

Search Nemours.org

Evidence Level

Search Nemours.org

Evidence Level

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Problems? Please contact the helpdesk via email or 813 ext. 4357

FIGURE 6

Nemours Children's Clinics
1600 Rockland Road
Wilmington, DE 19803
www.nemours.org
(302) 651-4000

Nemours.org

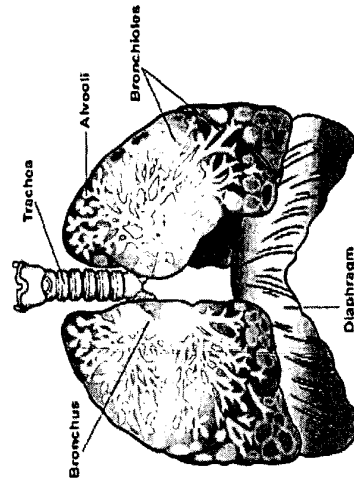
How Can I Deal With My Asthma?

Maybe you've been dealing with asthma since you were a little kid, or maybe you've just been diagnosed. Maybe you only wheeze during exercise, or maybe you find it hard to breathe when you're around cats. Whatever the case, asthma can complicate your life and affect you both emotionally and physically.

Because of the restrictions asthma places upon their lives, teens with asthma may feel that they are different from their friends and classmates. For these teens, exercise may be restricted, which could mean shorter practices if they're on a sports team or perhaps no sports participation at all. Medication may also be an issue - some teens would rather not use inhalers, spacers, or peak flow meters (a device that measures air flow from the lungs) in front of their friends. If a teen has asthma that is aggravated by pets such as dogs or cats, he might not be able to visit the homes of friends with those pets.

Teens react in different ways to the complications that asthma brings to their lives. Some stay away from all physical activities, even those approved by their doctors, because they are worried about having a flare. Other teens may find that asthma is a convenient way to get out of chores or gym class. Still others may deny they have asthma at all and may forget or refuse to take preventive asthma medications.

Not following an asthma treatment program can lead to asthma symptoms and flares and can endanger a teen's life. In fact, deaths from asthma among kids and teens have increased in recent years. Although this is partially to the fact that "asthma is becoming more common," says Dr. McGeady, "not taking medications, such as avoiding using an inhaler because their friends will make fun of them, and entering the homes of friends with cats or dogs" are other possible causes contributing to teen deaths from asthma.



So how can you follow your asthma management program and still lead a normal life? Try these

FIGURE 10

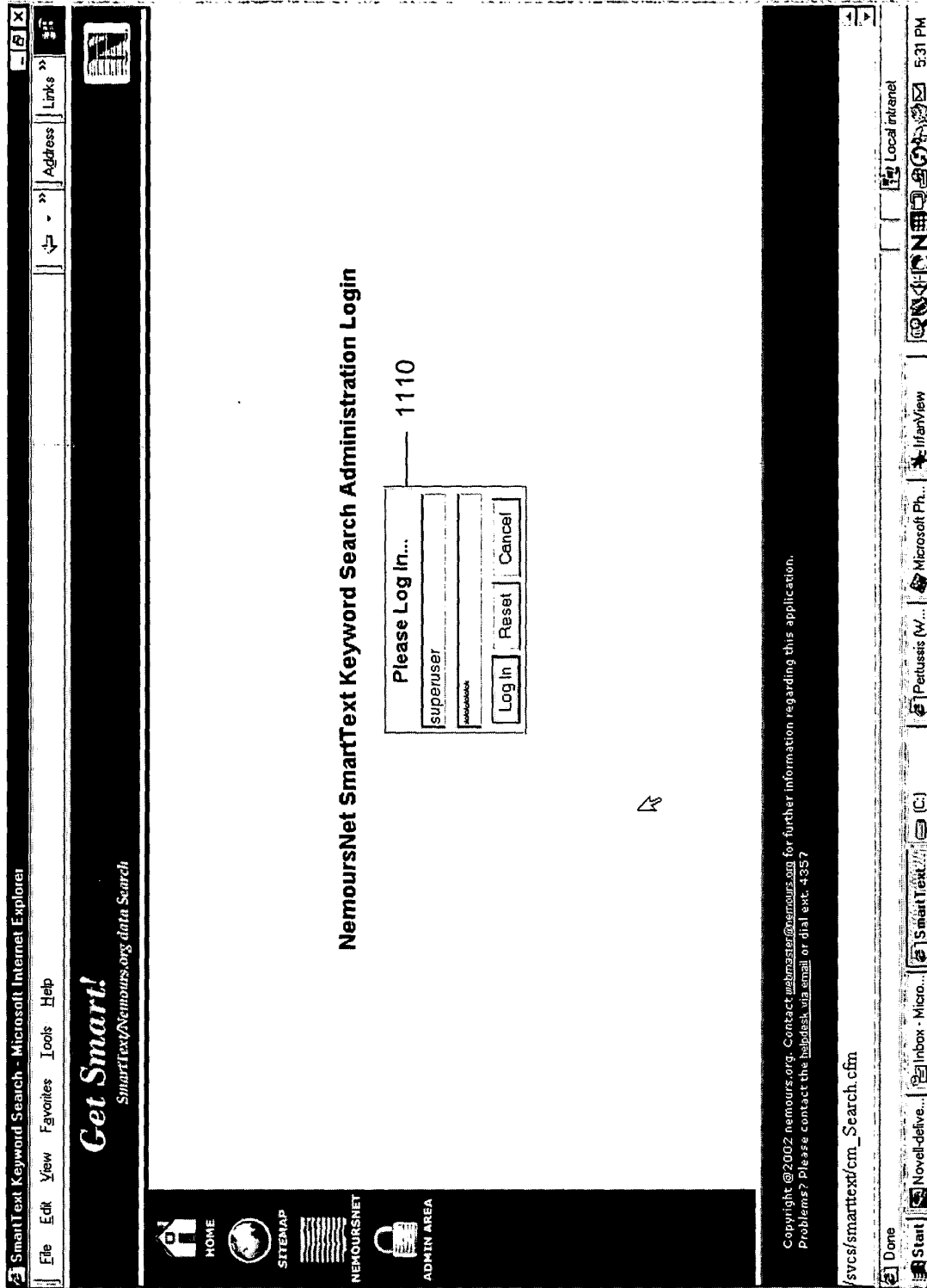


FIGURE 11

SmartText Keyword Search - Microsoft Internet Explorer

File Edit View Favorites Tools Help

12201230

AddressLinks

ADMINISTRATOR

Get Smart!
SmartTextNemours.org data Search

HOME

SITEMAP

NEHOURLNET

ADMIN AREA

AUDIT KEYWORDS

LIST UNEDITED

EVIDENCE LEVELS

PURITY

1210

EPIC SMARTTEXT ID:

1240

1250

EDIT SMARTTEXT

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Problems? Please contact the [helpdesk](#) via email or dial ext. 4357

/svcs/smarttext/cm_Search.cfm

Done

Start

Novell-delive...

Inbox - Micro...

SmartText...

(C:)

Pertussis (W...

Microsoft Ph...

My View

Local intranet

5:32 PM

FIGURE 12

SmartText Keyword Search - Microsoft Internet Explorer

File Edit View Favorites Tools Help

SmartText/Namours.org data Search

ADMINISTRATOR

Get Smart!

PURITY: Template NCMP

1310 DOCUMENT NAME	DOC NUMBER - EPIC	LOAD	1355
1320 OWNER	EVIDENCE LEVEL		1360
1330 NCMP FUNDING	COMPLETION DATE		1365
1340 ESSENTIAL CONCEPTS	RENEWAL DATE		1370
1350 MAX E/M CODE VALUE	VERSION		1375

E/M Enabled? ☐ SMARTTEXT SET ASSOCIATED? ☐ 1380

OUI Enabled? ☐ GUIDE LINE DERIVED? ☐

ICD-9	RESTRICTIONS	FUNCTION	SMARTLISTS
KEYWORDS	GUIDELINE_SOURCE	TEXTBOOK_SOURCE	MEDLINE_KEYWORDS

1385

Click on Association button to view records

1390

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Problems? Please contact the helpdesk@namours.org or dial ext. 4357

Yves/marttext/cm_Search.cfm

Done

Start

Novell-drive

SmartText

Internet

Microsoft Ph...

Local Internet

5:33 PM

FIGURE 13

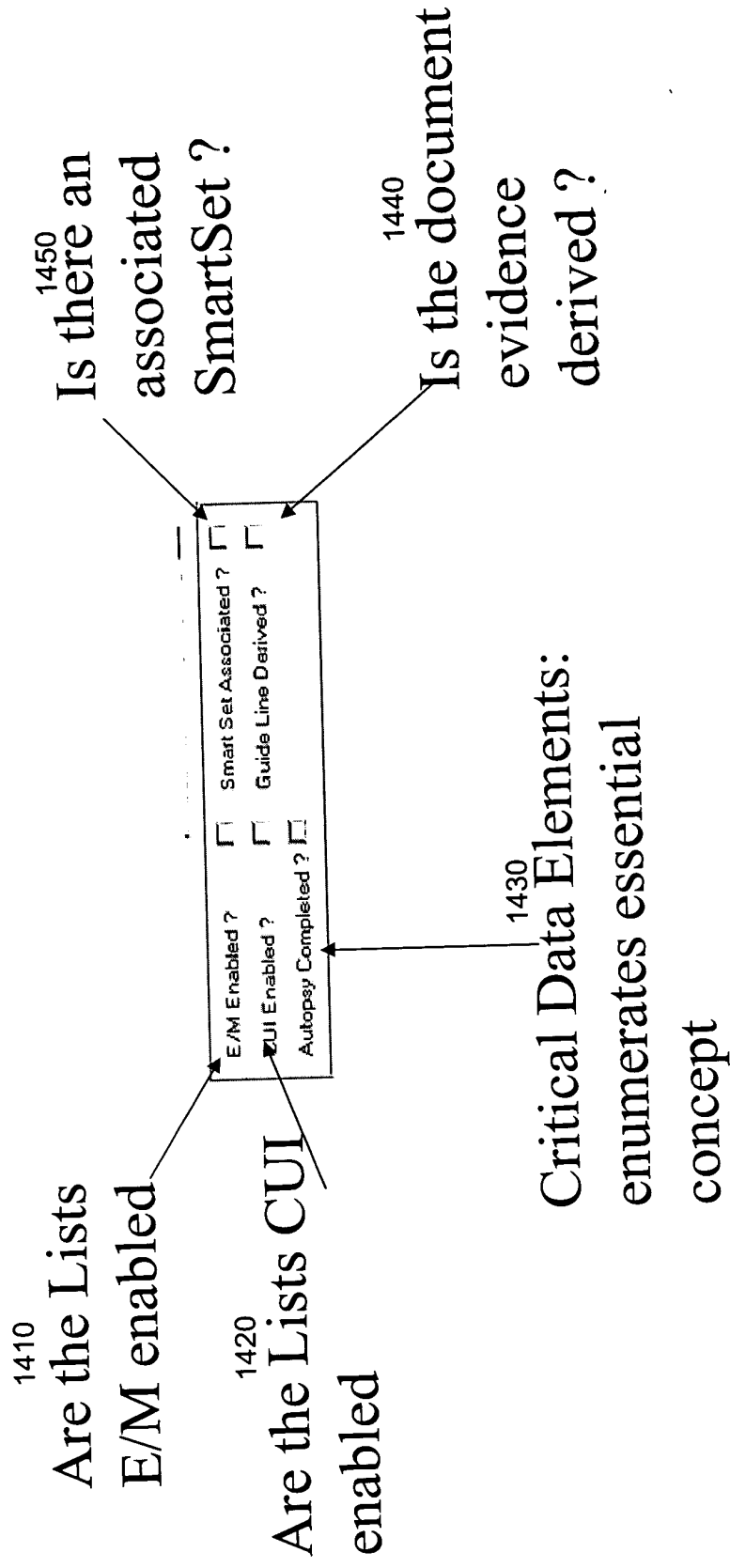


FIGURE 14

Doc Number - Epic	10837
Doc Number - GS	1
Completion Date	
MedLine Search Date	
Renewal Date	

Versions Complete:

V1 ?	<input type="checkbox"/>	V3 ?	<input type="checkbox"/>
V2 ?	<input type="checkbox"/>	VF ?	<input type="checkbox"/>

FIGURE 15

FIGURE 16